



Competition Regulations - NSK Weg 2026

1. General Provisions

- a) The Dutch Student Road Championships 2026 (NSK Weg) is organized as part of the Maliebaanloop, taking place on 18 October 2026.
- b) The current Athletics Federation (Atletiekunie) Competition Rules apply. The event is organized in accordance with the current Student Sports Netherlands (SSN) Event Regulations and the Maliebaanloop regulations apply unless otherwise stated in these regulations.
- c) Official event information will be published through the [event website](#) and official communication channels.
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2. Competition Program

- a) The Dutch Student Road Running Championships will be contested over the following distances:
- 5 km
 - 10 km
 - Relay (4 legs)

The official start times will be published by the organization.

3. Eligibility

To compete in the NSK, participants must meet the following requirements:

a) The participant is:

- a full-time higher education (HBO) or university (WO) student in the Netherlands during the current academic year (2026-2027); or
- was a full-time HBO or WO student in the Netherlands during the previous academic year (2025-2026).

b) The participant must be at least 16 years old and no older than 30 years old on the day of the event.

c) The participant will represent:

- the city in which they currently study or studied during the previous calendar year; or
- an OSSO or another organization affiliated with Student Sports Netherlands (SSN) through which they hold an annual student sports membership.

d) For relay events, all team members must satisfy points a) and b) of this section, and represent the same city in order to compete for the championship.

4. Verification of Student Status

a) Participants will be required to provide proof of enrollment for the current or previous academic year.

b) Participants who do not meet the eligibility requirements may be allowed to participate in the race but will not be included in the NSK classification. These athletes may participate in an “out-of-competition” category provided they meet the following criteria:

- “Out-of-competition” athletes must be between 16 and 30 years old.

The same applies to teams participating in the relay.

c) It is the responsibility of each participant to submit the required documents on time.

5. Registration

a) Registration takes place through the official registration system of the Maliebaanloop. The link for registration will also be shared with each association through the official communication channels.

b) The registration period is until the 8th of October . Registration for the relays is not restricted to these dates.

c) An Athletics Federation license or membership is not required.

d) Late registrations will not be accepted.

6. Relay Events

- a) Championship relay teams must contain at least two women. Runner order is unrestricted and may be changed until the relay starts.
 - b) All relay team members must wear the same uniform or otherwise be clearly identifiable as one team.
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7. Classifications and Awards

- a) Separate NSK classifications will be established for the 5 km and 10 km events.
 - b) The following championship categories will be recognized for each event:
 - Men
 - Women
 - c) The top three eligible participants in each category will receive NSK medals. Award ceremonies take place throughout the day.
 - d) “Out-of-competition” athletes are not included in the championship rankings.
 - e) If a tie cannot be broken by photo finish or countback, the place is shared and the next place is omitted.
 - f) Only participants registered for the official NSK 5 km, NSK 10 km, and NSK Relay events are eligible for the Dutch Student Championship classifications. Results from other Maliebaanloop races will not be included in the NSK standings.
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8. Bib Numbers and Timing

- a) Participants must wear their assigned bib number visibly on the front of their body throughout the race.
- b) The official results and championship classifications will be determined using the timing system designated by the organization.
- c) The decisions of the race jury and competition management regarding results and classifications are final.

9. Disqualification

The organization reserves the right to disqualify participants who:

- fail to follow the designated course;
 - receive unauthorized assistance;
 - behave in an unsportsmanlike manner;
 - fail to follow instructions from officials or event staff;
 - violate these competition regulations.
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10. Safety and Conduct

a) Participants must follow all instructions given by race officials, event staff, and course marshals.

b) Participation is at the participant's own responsibility.

c) The organizer may cancel the event in exceptional circumstances.

d) Cancellation of the event does not create any liability for reimbursement of expenses incurred by participants.

e) In cases not covered by these regulations, the organization shall make the final decision.

Utrecht, June 2026

NSK Road Committee 2026